

GPS ROUTES

Route/Waypoint	Map		BNG	Bear	Waypoint Description	K	Total
Route 1							
Balnamoons Cave					Bike and walk		
1ESK	NO	44700	80350		Glen Esk Car Park		
1BRDGE	NO	43000	81560	311	Alongside Bridge on left	2.1	
1QUEEN	NO	42000	82900	329	Queens View Memorial	1.7	
1FALLS	NO	40240	83690	300	Waterfall (dump bikes)	1.9	
1CAVE	NO	39520	83250	244	Balnamoons Cave	0.8	6.5
Route 2							
Glas Maol					Serious mountain walk		
2SHEE	NO	13900	78150		Glen Shee Car Park S.East		
2HUT	NO	14920	77580	125	Hut	1.2	
2ODHAR	NO	15400	77230	132	Meall Odhar	0.6	
2MAOL	NO	16700	76570	123	Glas Maol Summit	1.5	
2CAIRN	NO	16000	75860	230	Cairn	1.0	
2CREAG	NO	15400	74480	209	Creag Leacach	1.5	5.7
Route 3							
Glen Tilt					Biking only		
3LINN	NO	06100	89710		Linn of Dee Car Park		
3WHITE	NO	01890	88490	259	White Bridge	4.4	
3GELDI	NO	00600	86790	223	Geldie River	2.1	
					Geldie to be crossed ensure dry spell beforehand		
3BYNAK	NO	00050	85550	209	Bynack Lodge	1.4	
3WSHED	NN	99850	82510	189	Watershed	3.0	
3BEDFD	NN	98300	79600	214	Bedford Bridge	3.3	
3FORST	NN	94950	75650	226	Edge of wood	5.2	
3LODGE	NN	93250	74100	233	Forest Lodge	2.3	
3MRBLE	NN	89810	71700	241	Marble Lodge	4.2	
3GILBT	NN	88300	70100	229	Gilberts Bridge	2.2	
3CROFT	NN	88180	68750	191	Croft House	1.4	
3FEND	NN	88000	66700	190	Fender	2.1	
3BLAIR	NN	87050	65300	220	Blair Atholl Station	1.7	33.2
Route 4							
Trans Morven					Serious mountain walk		
4BOUND	NJ	30300	05200		County Boundary		
4SCRAL	NJ	31510	05600	77	Scraulac	1.3	
4MONA	NJ	33650	05780	91	Mona Gowan	2.1	
4TOP	NJ	35220	05690	99	Sub top 681m	1.6	
4MORV	NJ	36790	03890	145	Morven shoulder	2.4	
4MRVEN	NJ	37700	04000	89	Morven	0.9	
4MILTN	NJ	41100	04290	91	Milton Wood	3.4	11.7
Route 5							

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Loch Brandy					Serious mountain walk		
5CLOVA	NO	32750	73050		Clova Inn Car Park		
5FORK	NO	33100	73570	40	Path fork	0.6	
5RIDGE	NO	33590	75100	23	Steep Ridge	1.6	
5RDTOP	NO	33550	75690	2	Top of ridge	0.6	
5BEND	NO	34100	76000	66	Right hand bend	0.6	
5GREEN	NO	34890	75690	117	Green Hill	0.8	
5SUB	NO	35900	75340	115	Sub Top 857m	1.1	
5TRACK	NO	36690	74500	143	Start of track	1.2	
5JUNC1	NO	35900	74500	276	Track junction	0.8	
5JUNC2	NO	35890	72930	186	Track junction	1.6	
5BURN	NO	36060	72790	135	Track joins burn	0.2	
5RIGHT	NO	35850	72340	211	Right turn at fork	0.5	
5ROAD	NO	35310	71500	218	Main road	1.0	
5CLOVA	NO	32750	73050	307	Clova Inn Car Park	3.0	13.6
Brandy can be done as one							
Route 6							
Dreish and Mayar					Serious mountain walk		
6DOLL	NO	28300	76100		Glen Doll Car Park		
6BRDGE	NO	26650	75790	265	Bridge on landy track	1.7	
6FENCE	NO	25370	75290	254	Fence at forest edge	1.4	
6FALLS	NO	24260	74920	257	Top of waterfall	1.2	
6MAYAR	NO	24090	73700	194	Mayar summit	1.2	
6COL	NO	26000	73770	94	Col	1.9	
6SUB	NO	26470	73470	128	Sub top	0.6	
6DREIS	NO	27150	73580	87	Dreish	0.7	
6SUB	NO	26470	73470	266	Sub top	0.7	
6TRACK	NO	25890	73900	312	Path	0.7	
6WOOD	NO	26500	74850	38	Fence ay wood	1.1	
6RIVER	NO	27500	76140	43	Main river	1.6	
6ROAD	NO	28000	76000	111	Road junction	0.5	
6DOLL	NO	28300	76100	77	Glen Doll Car Park	0.3	13.6
Either can be done as one							
Route 7							
Stacan Dubha					Serious Bike and Walk		
3LINN	NO	06400	89700		Linn of Dee car park		
7LANDY	NO	06790	89800	88	Start of landy track	0.4	
7BRDGE	NO	06300	91400	349	Bridge over river	1.7	
7DERRY	NO	04120	93390	318	Derry Lodge	2.9	
7WOOD	NO	04290	95590	10	Edge of wood	2.2	
7BURN	NO	03510	97490	343	Small burn (dump bikes)	2.1	
7LEFT	NO	03550	99000	7	Left fork	1.5	
7HUT	NO	02300	99710	305	Hutcheson Hut	1.4	
7LOCH	NJ	01290	00320	307	Loch Etchachan	1.2	

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7ROCKS	NJ	01200	01550	276	Stacan Dubha	0.1	13.5
Route 8							
Swordfish search					Serious Bike and Walk		
8PARK	NO	15600	88290		Glen Callater car park		
8BEND	NO	16400	87800	127	Right hand bend	0.9	
8BRDGE	NO	16300	86200	189	Bridge over river	1.6	
8JUNCT	NO	16610	85340	166	Landy/path junction	0.9	
8LODGE	NO	17740	84400	135	Callater Lodge (dump bikes)	1.5	
8END	NO	18850	83600	132	East end of Loch	1.4	
8KAND	NO	19790	81800	158	Coire Kander	2.0	
8CALL	NO	20460	81140	140	Glen Callater	0.9	
8WRECK	NO	20400	80100	189	Swordfish	1.0	10.3
Route 9							
Glen Feshie					Biking only (link with 3)		
					Train Blair - Kingussie B&B		
9KING	NH	75700	00400		Kingussie Station		
9RUTH	NN	76290	99440	154	Road Junction	1.1	
9FESH	NH	85250	04300	67	Feshie Bridge Junction	10.0	
9BRDGE	NN	84540	93820	189	Bridge over river	11.0	
					Look out for scree on path		
9HUT	NN	90530	88480	137	Small hut	8.0	
9EIDRT	NN	91300	88590	87	Eidart Bridge	0.8	
9LANDY	NN	95800	87280	112	Landy Track	4.7	
3GELDI	NO	00600	86790	101	Geldie River	4.8	
3WHITE	NO	01890	88490	43	White Bridge	2.1	
3LINN	NO	06100	89710	79	Linn of Dee car park	4.4	46.6
Route 10							
Glas Tulaichean					Serious Bike and Walk		
10PARK	NO	10900	70100		Park car at Spittal		
10BEND	NO	09100	71500	314	Bend in landy track	2.3	
10BURN	NO	07800	75840	349	Burn (dump bikes)	4.5	
10EUN	NO	06400	77810	330	Loch Nan Eun	2.4	
10RIDG	NO	05390	76900	234	Start of ridge	1.4	
10SUMM	NO	05100	76000	203	Tulaichean Summit	0.9	
10RISE	NO	06750	74900	129	Small rise	2.0	
10BURN	NO	07800	75840	54	Burn (pick up bikes)	1.4	
10BEND	NO	09100	71500	169	Bend in landy track	4.5	
10PARK	NO	10880	70100	134	Park car at Spittal	2.3	21.7
Route 11							
Loch Builg Circle					2 Cars needed - biking		
11PARK	NO	26990	98120		Park car at roadside		
11BRIG	NJ	24190	00840	320	Metal bridge	3.9	

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11CORN	NJ	22840	02080	318	Corndavon	1.8	
11LEFT	NJ	19300	02570	284	Left fork	3.6	
11BRID	NJ	19000	02050	216	Bridge	0.6	
11SUMM	NO	18600	98760	193	Shoulder of Cullardoch	3.3	
11HUT	NO	18000	98050	226	Hut	0.9	
11WOOD	NO	17900	94750	187	Edge of forest	3.3	
11INV	NO	17650	92290	191	Invercauld track	2.5	
11ROAD	NO	18760	91000	145	Main road	1.7	21.6
Route 12							
Inchrory & Avon					Serious Bike and Walk		
12PARK	NJ	25400	08910		Corgaff Castle car park		
12DEL	NJ	22700	08650	270	Delnadamp lodge area	2.7	
12TURN	NJ	21800	08300	254	Right fork	1.0	
12LAGG	NJ	18490	07980	270	Lagganauld	3.3	
12RORY	NJ	17950	08000	278	Inchrory Lodge	0.5	
12BRIG	NJ	17980	07300	183	Bridge	0.7	
12PATH	NJ	17700	07220	260	Path to left (dump bikes)	0.3	
12CLFF	NJ	16350	05130	219	Cliffs - bear right	2.5	
12BHAN	NJ	16150	05420	331	Clach Bhan	0.4	11.4
Route 13							
Balmoral Estate					Biking		
13PARK	NO	34340	94950		Park at road side		
13TURN	NO	35500	94890	99	Turn right up glen	1.2	
13FALL	NO	33190	89470	209	Falls of Muick	5.9	
13INCH	NO	31060	87590	234	Inchnabobart - right	2.8	
13TOM	NO	29000	92200	342	Right fork	5.0	
13BOV	NO	30190	92000	105	Bovaglie Farm	1.2	
13LOIN	NO	31650	93410	52	Loinveg Farm	2.0	
13ROAD	NO	32500	95750	26	Main road	2.5	
13PARK	NO	34340	94950	119	Park at road side	2.0	22.7
Route 14							
Esk to Muick					Serious mountain walk		
1ESK	NO	44700	80350		Glen Esk car park		
14LEE	NO	43050	80100	267	Graveyard at Loch Lee	1.7	
14END	NO	41180	79550	259	West end of Loch Lee	1.9	
14FALL	NO	39520	80400	303	Waterfall at bridge	1.9	
14WOOD	NO	39450	81520	2	Edge of wood	1.1	
14HUT	NO	37500	81550	277	Hut	1.9	
14FORK	NO	36660	81500	272	Path up to right	0.8	
14MCRN	NO	35300	82380	330	Muckle Cairn	2.3	
14MARK	NO	33660	82640	251	Sheilin' of Mark	1.8	
14BURN	NO	32890	83200	312	Junction of burns	1.0	
14PATH	NO	32390	83380	296	Start of path	0.5	

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14CTRE	NO	30750	85000	320	Muick Centre	2.3	
14PARK	NO	31000	85100	74	Muick Car Park	0.3	17.6
Route 15							
Esk to Clova					Serious mountain walk		
1ESK	NO	44700	80350		Glen Esk car park		
14LEE	NO	43050	80100	267	Graveyard at Loch Lee	1.7	
14END	NO	41180	79550	259	West end of Loch Lee	1.9	
15INCH	NO	41000	79000	204	Inchgrundle	0.6	
15SKL1	NO	40200	77400	212	Skuiley	1.8	
15SKL2	NO	39600	77190	256	Wester Skuiley	0.6	
15ECRN	NO	39200	76660	223	East Cairn	0.7	
15MCRN	NO	37800	76530	270	Muckle Cairn	1.4	
15WHIT	NO	36900	75840	238	White Hill	1.1	
5GREEN	NO	34890	75690	271	Green Hill	2.0	
5BEND	NO	34100	76000	297	Left hand bend	0.8	
5RDTOP	NO	33550	75690	246	Top of climb	0.6	
5RIDGE	NO	33590	75100	182	Steep ridge	0.6	
5FORK	NO	33100	73570	203	Path fork	1.6	
5CLOVA	NO	32750	73050	220	Clova Inn Car Park	0.6	16.1
Route 16							
Cairngorms					Serious mountain walk		
16LIFT	NJ	00500	04810		Top of Skilift		
16GORM	NJ	00520	04010	184	Cairngorm Summit	0.8	
16SUB1	NH	99900	03960	271	Sub top 1141m	0.6	
16COL	NH	99900	03520	186	Col	0.4	
16SUB2	NH	99650	02860	206	Sub top 1176m	0.7	
16LOCH	NH	98600	02510	257	Cairn Lochan	1.1	
16PATH	NH	98280	01090	198	Path	1.5	
16BEND	NN	98610	99800	171	County Boundary	1.3	
16MAC	NN	98900	98990	166	Ben Macdui	0.9	
16FORK	NH	98390	00680	349	Track fork	1.8	
16SHLD	NH	97700	02400	344	Shoulder of hill	1.9	
16CROS	NH	97950	04390	13	Track crossroads	2.0	
16PARK	NH	98990	06050	38	Car park	2.0	14.9
Route 17							
Wells of Dee					Cycle and Serious Walk		
17PARK	NH	91500	10710		Park car at roadside		
17JCT1	NH	91700	10000	171	Track junction	0.7	
17JCT2	NH	91600	07920	188	Crossroads	2.1	
17JCT3	NH	92800	06510	145	Take left fork	1.9	
17BRIG	NH	92390	04250	196	Bridge	2.3	
17PATH	NH	92020	00100	191	Footpath (dump bikes)	4.2	
17DHON	NN	92550	98000	171	Climb Coire Dhondail	2.2	

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17WELL	NN	93800	98790	63	Wells of Dee	1.5	14.9
Route 18							
Carn Liath					Serious Walk (poss bike)		
18PARK	NO	08060	89490		Park car		
18BEND	NO	08100	88190	184	Z Bends	1.3	
18RDGE	NO	07690	88240	283	Ridge on moorland	0.4	
18MOIN	NO	06100	87800	260	Carn na Moine	1.6	
18SUB	NO	05200	87400	252	Sub top	1.0	
18LATH	NO	03520	96700	253	Carn Liath	1.8	
18PATH	NO	03550	86240	182	Landy track	0.5	
18WOOD	NO	07500	87280	81	Edge of wood	4.1	
18BRIG	NO	08590	88400	50	Dismantled bridge	1.6	
18ROAD	NO	08600	89150	6	Main road	0.8	
18PARK	NO	08060	89490	308	Car park	0.6	13.6
Route 19							
Eidart Waterfalls					Serious Cycle		
3LINN	NO	06100	89710		Linn of Dee Car Park		
3WHITE	NO	01890	88490	259	White Bridge	4.4	
3GELDI	NO	00600	86790	223	Geldie River	2.1	
9LANDY	NN	95840	87250	281	End of landy track	4.8	
9EIDRT	NN	91300	88590	292	Eidart Bridge	4.7	16.0
Route 20							
Loch Tilt					Serious Cycle + walk		
3LINN	NO	06100	89710		Linn of Dee Car Park		
3WHITE	NO	01890	88490	259	White Bridge	4.4	
3GELDI	NO	00600	86790	223	Geldie River	2.1	
					Geldie to be crossed ensure dry spell beforehand		
3BYNAK	NO	00050	85550	209	Bynack Lodge	1.4	
20BURN	NN	99780	83390	193	Burn where turn off right	2.2	
20TILT	NN	99300	82900	230	Loch Tilt	0.7	10.8
Route 21							
Pressendye					Walk		
21PARK	NJ	52090	08700		Park car		
21FORK	NJ	51700	08520	250	Track fork	0.4	
21JCT1	NJ	51300	08620	289	T Junction	0.4	
21CRS	NJ	50410	08730	282	Crossroads	0.9	
21JCT2	NJ	50200	08700	266	T Junction	0.2	
21JCT3	NJ	50090	09680	359	Left turn	1.0	
21JCT4	NJ	49910	09820	313	Left turn to path (dump bikes)	0.2	
21FNCE	NJ	49430	08940	214	Fence	1.0	
21CARN	NJ	49040	08990	282	Trig point	0.4	4.56

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Route 22							
Broom Hill					Hill walk		
22 PARK	NJ	42400	11000		Park car		
22JCT1	NJ	43680	09310	148	Track junction	2.1	
22WELL	NJ	44200	08860	136	Lazy Well	0.7	
22MOLL	NJ	45250	08950	90	Molly Watts Hill	1.1	
22JCT2	NJ	46180	09100	86	Junction	0.9	
22BROM	NJ	46950	09280	82	Broom Hill	0.8	5.59
Route 23							
Inver - Quoich					Cycle Trip		
23PARK	NO	21850	93760		Park car Knockan		
23FELA	NO	19260	92200	245	Felagie	3.0	
23MILL	NO	18800	91350	214	Saw Mill	1.0	
23STRM	NO	16995	92750	314	Stream	2.3	
23RVER	NO	15940	93180	298	River Allt An Slugain	1.1	
23BALN	NO	15680	93000	241	Balnagower	0.3	
23INVR	NO	14990	92605	246	Inverchandlick	0.8	
23ALLN	NO	13860	91900	244	Allanmore	1.3	
23ALLQ	NO	12080	91400	260	Allanaquoich	1.8	
23FB	NO	11500	91300	266	Foot bridge	0.6	12.3
Route 24							
Ballochbuie					Long Walk		
11ROAD	NO	18760	91000		Main road		
24BRIG	NO	18620	91060	299	Auld Brig O Dee	0.2	
24JCT1	NO	18760	90680	165	Cross Roads	0.4	
24JCT2	NO	19450	90000	140	Right turn	1.0	
24JCT3	NO	19100	89280	212	Left turn	0.8	
24JCT4	NO	20150	89230	98	Left turn on path	1.0	
24JCT5	NO	20920	89340	88	Right turn	0.8	
24JCT6	NO	21700	89960	57	Tight at T junction	1.0	
24JCT7	NO	23750	90300	86	Landy track	2.1	
24STRM	NO	25100	90900	72	Right turn	1.5	
24JCT8	NO	25500	90610	132	Left turn	0.5	
24JCT9	NO	25810	90800	64	Left turn	0.4	
24JC10	NO	25520	93500	360	Right turn	2.7	
24ROAD	NO	26480	94200	60	Main road	1.2	
24GATE	NO	26100	94880	337	Castle gates	0.8	
24CRTH	NO	26400	94920	88	Car park	0.3	14.5
Route 25							
Craig Nordie					Serious Hill Walk		
25PARK	NO	23400	93840		Car park		
25JCT1	NO	21660	93730	272	Right turn	1.7	

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25JCT2	NO	21390	93790	288	Right turn	0.3	
25BALM	NO	21550	94350	22	Balmore	0.6	
25BURN	NO	21700	94390	81	Bridge	0.2	
25BEND	NO	21270	95000	331	Bend in track	0.7	
25JCT3	NO	21490	95050	83	Right turn	0.2	
25TURN	NO	21600	95040	96	Bend in track	0.1	
25JCT4	NO	21690	96300	10	Right turn	1.3	
25FCE1	NO	21790	96180	146	Fence	0.2	
25LEAC	NO	22250	95460	153	Leac Ghorm	0.9	
25NORD	NO	23500	94440	135	Craig Nordie	1.6	
25GATE	NO	23610	94000	172	Gate	0.5	
25PARK	NO	23400	93840	238	Car park	0.3	8.4